

# CHARTING YOUR LIFE'S PATH WORKSHEET

## Life Vision

Reviewing your Determining Your Life's Purpose Worksheet, what do you want to be able to say you did with your life? What changes can you begin now that will best carry you toward that vision? If you don't know the answer to this yet, what course of action can you pursue that will give you experiences that will bring you closer to knowing the answer to this question? Your experiences can help you by either showing you what you do want, or by showing you what you don't want. Either way, they bring you closer to knowing what you truly desire to do with your life. (This is your Life Vision.)

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## Power Traits

What are the 5 main characteristics/strengths that make you uniquely you?  
(These are your Power Traits.)

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_

## CHARTING YOUR LIFE'S PATH

List below the top 3 courses of action you can pursue that will give you the most of what you truly want. Each course of action should be creatively and strategically thought out so that it:

- Provides the greatest involvement of your Prime Values (from your Values Inventory Worksheet)
- Maximizes the use of your Power Traits (from this worksheet)
- Most effectively supports your Key Considerations (from your Determining Your Life's Purpose Worksheet)
- Will best carry you toward fulfilling your Life Vision (from this worksheet)

Course of Action 1: \_\_\_\_\_  
Course of Action 2: \_\_\_\_\_  
Course of Action 3: \_\_\_\_\_

Which of these 3 courses of action is the least feasible for you to undertake now and why?

\_\_\_\_\_  
\_\_\_\_\_

Which of these 3 courses of action is most feasible for you to begin immediately and why?

\_\_\_\_\_  
\_\_\_\_\_

The course of action you gave as your answer to the last question is your life's path. Use it as your guiding light in making your plans and setting your goals. It is likely that your answer will evolve or morph over time as your life circumstances change and your insight deepens. Be open to adapting and updating your life path to reflect your evolution.